

JYMRATT

Basketball coaching resources for all levels

Top 10 Mistakes High School Coaches Make.....

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A couple a years ago a friend of mine, who was a long time college assistant and head high school school coach, and I sat down and started talking about the mistakes we had made as high school coaches. What transpired was a list of common mistakes that they, (and we) made. Here it goes......

- 1. TAKE A BAD JOB.....no budget, no tradition, no players, bad or unrealistic administration, no qualified help.
- 2. A FAILURE TO IMPROVE AT THEIR CRAFT......spending too much time working at, besides coaching, all the ancillary things such as boosters, media, speaking and trying to promote themselves at the expense of exchanging ideas,

3. TOO MUCH COMPLAINING AT OFFICIALSIt is something you can't control and it also gives players an out for their mistakes.
4. NOT SPENDING ENOUGH PRACTICE TIME ON SPECIAL SITUATIONSsome games are blowouts either way, but for the close ones, the team needs to have prepared for what may occur so they are not facing it for the first time.
5. EXCESSIVE TALKING AT PRACTICEYou already have the job, there is no need to show how smart you aremore reps, better efficient use of practice time.
6. NOT SPENDING ENOUGH TIME OFF THE COURT WITH PLAYERSThese are the guys you need to buy in, they need to see and get to know you away fro basketball. This is an area that Coach Tark, Coach Raveling and Coach Dick Harter excelled in. It's also one of the areas that has hurt coaches.
7. MORE DEVOTION TO FUNDAMENTALSPassing, shooting, footwork. Understanding the difference between a GOOD shot and a BAD shot. Not just dribbling, but dribbling with a purpose.
8. NOT WORRYING ABOUT "WHO'S THE BOSS?It's about the PLAYERS, not the COACH. Be able to avoid controversy, talking down to players, and having too many rules.
9. THINKING THEIR PHILOSOPHY IS MORE IMPORTANT THAN THEIR PERSONNELA new, young head threw off his two seven foot players when he got the job. One was an all conference frosh and the other the third leading shot blocker in the country, because they could not press the way he wanted to, and because his offense was not designed to pass the ball to a low post player.
10. FALLING IN LOVE WITH DRILLSEvery drill should have a purpose directly related to something that is part of what the team is trying to accomplish.
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reading, attending clinics, watching video.