



Championship Basketball Clinic  
Las Vegas, Nevada  
May 8, 9, 19, 2009

Dribble Drive Motion (Attack)  
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May 8<sup>th</sup>, 2009  
8:27 PM

### Coaching Concepts

1. Don't be afraid to say no
2. Demand a lot you'll get a lot
3. If you accept mediocre, you'll get it
4. Create leadership
5. What does it mean to lead?
  - a. Serve your team when you lead, everyone.
6. Define roles
7. Am I starting the right 5 guys
8. Getting them to work hard is easier than getting them to love hard work
9. If you get them to love hard work then you really have something
10. You have to get them to love hard work.
11. Teach players to be responsible. Make them own how they play; don't let them make excuses.
12. Get them to be TRULY positive

### Dribble Drive Motion

1. Look at your defender in the eye. Look for fear.
2. Points per possession: Lists a detailed breakdown of points per shot, points per 2 point shots, points per 3 point shots, points per free throw attempts, two point shots vs three points shot efficiency, points per possession, and shots per possession. Usually written as a ratio. Memphis Points Per Possession the last 3 years: Lay-ups 1.2 ppp, 3 pt's 1.14 ppp, free throws 1.4 ppp, mid-range .6 ppp. That's why they don't shoot mid-range shots
3. Against a zone Calipari make a "nail cut". One of the guards cuts to free throw line area and if he's open they give him the ball. They play from there. High-low, ball reversals, etc.

### Drills

1. Kick-Up to the 2 man then 1 man cuts to corner.
  - a. Coach passes 1 man the ball so that both players get a shot
2. Kick up, hesitate with a back dribble and pass to 1 in the corner for a shot
  - a. Coach passes to 2 man so that both players get a shot.
3. Can do the same from the top
  - a. All cuts need to be "down hill"



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Notes:

1. Sagging defense will get screwed up if you get to the 3<sup>rd</sup> drive of your offense.
2. 20% of practice working on full court press defense.
3. If opponent won't play fast Kentucky will just try to steal every pass off the ball.
4. Must be able to "blow by" at the 1 spot.